SVC-CAMFT shall focus on relationship building with clients, our members, and our community. Our Chapter serves members in furthering professional excellence as agents of change in enhancing individual and family life and in exerting a positive, humanizing impact on the larger society.

Join us on Thursday, June 7 from 5 to 6 pm for SVC's 1st HAPPY HOUR - CEUs will be earned!
See Page 6 for More Information.

In the second part of our special series on Civil Justice for Victims of Child Sexual Abuse...

.. the Legislature recognized the suffering that childhood sexual abuse victims go through as adults...

Read the article on Page 8

In our Column "The Legal Beagle"....

updates you on the BBS meeting that was held on Wed, May 16 in Sacramento...

Read the article on Page 3

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Letter from the Board

Summer is coming in a big way—the days are getting longer and hotter and vacation fever is in the air. Also, at our monthly June Networking Breakfast our special guest are from the Board of Behavioral Science Examiners will also be heating things up—be afraid; but be there. Also, be sure to bring your networking materials to the monthly breakfast as well as seeing what your other colleagues are doing and how you can possibly collaborate with other like minded people.

Today I want to focus on an extremely important topic for our Sacramento Valley CAMFT Chapter. That is the importance of paying it forward or giving back. I was very grateful when our President Eva Tak called me and asked if I’d be willing to be on the SVC-CAMFT Board again as President Elect. I did not hesitate as I’ve been involved with CAMFT since 1995 and have been in service since the beginning. I can tell you giving back is a very rewarding experience and I truly feel my service makes a difference—and so can yours.

Our chapter is always in need of eager volunteers in many different areas. We have need for both licensed and pre-licensed members to step up and join our efforts to make our chapter a great community resource for our members and the clients we serve. Many of our committees are always looking for additional support so please step up. Our Volunteer Chair is Catherine Zanzi, MFT Intern, who you can email at czanzi@frontiernet.net to get more information on possible ways to get into service and support your chapter.

Dr. Stephen F. Grinstead

SVC-CAMFT President Elect
Welcome to the section of the SVC-CAMFT newsletter, Legal Beagle written by Darlene Davis, LMFT. The chapter thought it would be helpful to keep you updated on new laws, legislative pursuits or actions, as well as ongoing legal and ethical dilemmas we all face in our career as Licensed Marriage and Family Therapists, Interns, and Trainees. Please feel free to ask questions that you have and I will do my best to investigate and post your answer in the newsletter. Please note that articles are based on information from CAMFT and/or the BBS and have been researched to the best of my ability. This is not meant to be legal advice. Please contact CAMFT or Board of Behavioral Sciences for any legal matters you need assistance for.

Boy the year is flying by! I have spring fever and am enjoying being outdoors again which brings me to Friday afternoon needing to write this article and wondering, “hmmm what do people want to know?” Please feel free at any time to send in questions that interest you. In the meantime I thought I’d update you on the BBS meeting that was held on Wed, May 16 in Sacramento. I have noted several items that may be of importance.

1. Some of you may have heard that the BBS was close to pursuing legislation to eliminate interns gaining post-degree experience while waiting their intern registration. Their concern was that interns who applied for their registration within the 90-day post degree time period and had discrepancies or a criminal history had one year to satisfy these discrepancies. They would potentially be working with clients without any regulatory oversight for up to 15 months. While this is a legitimate concern, stakeholders voiced concerns that this would affect continuity of care with clients especially in agencies serving clients with critical needs. This also removes the opportunity for the majority of interns to work with clients and receive BBS hours in response to what might be a minor problem. At the May 16th meeting the BBS agreed to direct staff to gather data for one year to allow the Board to determine the extent of the problem of applicants with discrepancies or those with a criminal history that may be abusing the 90-day rule. This is good news for all involved.

2. SB 704 is the bill that would go into effect beginning January 1, 2013 that changed the structure of the exam process for LMFTs, LCSWs, and LPCCs. A law and ethics exam would be taken within the first year post-degree and a written clinical examination once a registrant completes their supervised work experience, education requirements, and passed the law and ethics exam. The BBS is also launching BreEZe an interactive data system simultaneously and had concerns with implementation. They are now pursuing legislation to postpone implementation of the testing restructure until January 1, 2014. I will keep you updated!

3. The BBS appointed a committee to conduct a review of the Board’s continuing education program specifically focusing on the accrediting agency model used for approving providers. They hope to report their findings this year. Will keep you updated on any major changes in the accrediting process for applicants.

Darlene Davis, LMFT
Executive Director HOPE; Healthy Outcomes for Personal Enrichment
MFT Stipend Coordinator for Greater Sacramento
Instructor of University of Phoenix
www.darlenedavismft.com
www.hope-counselingcenter.org
May Presentation Summary

What Therapists Need to Know About Divorce: Practical Tools to Empower Clients

Attendees of the CAMFT Breakfast Meeting on May 18 enjoyed an extensive, informative, and stimulating panel discussion about the Collaborative Practice Model of divorce. Panel members Betsey Williams, MFT, Jackie Parker, MFT, Melva Warriner, Attorney and Mediator, and Kathleen Faulkner, CDFA, discussed a “kinder, gentler” approach to divorce, compared to that of traditional litigation.

The idea was borne of the frustration numerous attorneys experienced as they witnessed the life savings and college funds of divorcing clients vanish throughout the tumultuous process of protracted divorce proceedings. Instead of wasting money and court time bickering ad nauseum over children and possessions, the Sacramento Collaborative Practice Group was established to invite clients to agree to practice mutual respect, to commit to a spirit of collaboration, and to practice full disclosure so that their divorce might be settled amicably and affordably. This non-profit organization, established in 1997, has three abiding principles:

- A pledge to resolve issues without going to court
- A complete and open exchange of information
- A solution that takes into account the highest priorities of both the client and the client’s children

When couples use the Collaborative, a team of skilled and compassionate professionals provide expertise in all aspects of a divorce. Each partner receives the assistance of a Family Law Attorney, a Divorce/Communications Coach, a Financial Specialist, and a Child Specialist. Couples are encouraged to “reach a workable settlement by building on areas of mutual agreement” and, when children are in the picture, it is hoped the partners establish a future of respectful interactions, as lifelong responsibilities toward the children will likely persist. Although figures vary widely, it is not unreasonable for litigation, which is adversarial by nature, to cost a couple $50,000 or more, whereas Collaboration will cost closer to $15,000. Additionally, couples will survive the process with improved communication skills and possess a plan for the future.

There are Mental Health Practitioners in 16 California counties who are qualified to provide services in a collaborative setting. An MHP can play two roles in the process, that of a Child Specialist and/or that of a Divorce Coach. These partners in collaboration never take the place of a client’s regular therapist; rather, they assist in accepting, supporting, and advocating for their client.

Regular 5-hour “Divorce Options” workshops are available that help a couple assess which divorce process is best for them. Participants are charged $45 to attend; however, MFTs and other mental health practitioners can attend at no charge to learn more about how a Collaborative Practice works.

For couples struggling with the emotional impact of divorce on children, the Panel recommended a readable and affordable 25-page booklet published by the American Academy of Matrimonial Lawyers (AAML). It is called What Should We Tell the Children? A Parents’ Guide for Talking About Separation and Divorce. It is available in bulk purchasing for as low as $3.00 at the following link: http://www.aaml.org/library/publications/what-should-we-tell-children

For more information about the Collaborative, go to www.divorceoption.com, or call 1.916.863.9777.

Submitted by Alison Ehlers, MA, MFT Intern
June Pre-Licensed Members’ Meeting

**Date:** Friday, June 15, 2012, 8:30 am-9:15 am  
**Location:** University of Phoenix, 2860 Gateway Oaks Drive, Sacramento 95833  
**Speaker:** TBD  
**Topic:** TBD

June Monthly Meeting

**Date:** Friday, June 15, 2012 from 9:30 to Noon  
**Location:** University of Phoenix, 2860 Gateway Oaks Drive, Sacramento 95833  
**Speaker:** Kim Madsen Executive Officer Board of Behavioral Sciences  
**Topic:** Changes and future changes affecting LMFT, LPCC, supervising LMFTs and MFT Interns: The BBS is implementing numerous changes such as new state tax laws (California Franchise Tax Board) that will affect renewing of license. Kim Madsen will provide information on new rules, laws and legislations that has been imposed that will affect LMFT, LPCC, supervising LMFTs and MFT Interns. Kim will answer questions about the changes to MFT licensure process and discuss approved legislation and pending legislation, and any other concerns that LMFTs, MFT need to address.

**Cost:** Pre-register: $15.00 students/interns, $20.00 SVC-CAMFT or AAMFTCA-SND member, $30.00 non-member, + $5 “at-door” registration. Includes continental breakfast & 2 CEUs. No cc’s at door. RSVP req’d by June 12; register, pay, & directions at [www.sacramentovalleycamft.org](http://www.sacramentovalleycamft.org) or email/call Laura (916) 350-1577 membership@sacramentoalamft.org. Pre-license mtg: 8:30-9:15 for 1 additional workshop hour.

**Reservations required:** You can register and pre-pay online at [www.sacramentovalleycamft.org](http://www.sacramentovalleycamft.org), or contact Laura Frederick at (916) 350-1577 or email membership@sacramentovalleycamft.org to register and pay at the door. Please help us contain the cost of presentations by making reservations in a timely manner (by Tuesday before the meeting). This is much appreciated.

*Disclaimer: University of Phoenix is a trade name and registered trademark of the Apollo Group, Inc. Its use herein by SVC-CAMFT to identify the event location is not intended to imply affiliation with, sponsorship or endorsement of the event by University of Phoenix or Apollo Group, Inc.*

When: Thursday, June 7th
Where: Yard House at the Fountains in Roseville
1166 Roseville Parkway | Roseville, CA 95678 | 916-780-9273
http://www.yardhouse.com/CA/roseville-restaurant/

Time: 5:00 p.m. – 6:00 p.m.
Facilitators: Elizabeth Schiveley, MS, MFT Intern
Clare Brown, Clinical Outreach Coordinator, CRC Health

RSVP: By Tuesday, June 5th
To Liz @ elizabethschiveleymfti@gmail.com
Or (916) 778-7863

Please read the article first, show up, be prepared to have a discussion, and we will take care of appetizers and non-alcoholic beverages. It is a no-host alcoholic beverage happy hour. CEU’s will be earned!

CAMFT Law & Ethics Training
What Does the Law Expect if Me? Part III
David Jensen, J.D., Staff Attorney for CAMFT
Friday, July 20, 2012 9:00 am – 4:00 p.m.
University of Phoenix 2860 Gateway Oaks Drive, Sacramento, 95833

Although the psychotherapist-patient privilege is one of the most important concepts in law for a therapist to understand, many therapists struggle with understanding the fundamental concepts of the doctrine because it seems so esoteric. In this third part of his popular What Does the Law Expect of Me series, CAMFT Staff Attorney Dave Jensen will focus on the psychotherapist-patient privilege. Attendees will acquire an in-depth understanding of the psychotherapist-patient privilege, including how it differs from other privileges; how and when it is created; how and when it is destroyed; the difference between a limited waiver as opposed to a complete waiver of it; and various exceptions to it. Attendees will also be taught the ins and outs of responding to subpoenas. Although this is an advanced class, it is not necessary to have attended Parts I and II to enroll and benefit.

This course satisfies the BBS requirement for law and ethics. A six-hour course in law and ethics needs to be taken each license renewal period.

Check-in from 8:00 – 9:00 a.m. Continental breakfast in included. Lunch is on your own from 12:00 – 1:00.
AAMFT-CA Sacramento and SVC-CAMFT

host

Sex, Tech, Intimacy and Addiction: The effect of evolving technology on relationship intimacy and sexuality

presented by Robert Weiss LCSW, CSAT (2 CE)

Date: Friday, September 7, 2012
Time: 8:30 am Registration and informal networking
Continental breakfast
9:00 am Formal networking
9:30 -11:30 am Presentation
11:30-12 noon Q & A and wrap-up
Location: Rancho Cordova City Hall
2729 Prospect Park Drive
Rancho Cordova, CA 95670
Cost: $15 Students
$25 AAMFT & CAMFT Members
$35 All others
Register: To register or find cancellation, walk-in or late registration information, go to www.aamftca.org/sacramento
Contact: District Chair, Kate Wilson, MA with questions or concerns at chair@aamftsacramento.org or (916) 715-7646

Objectives:
● Attendees will learn 3 evolving technologies that are affecting sexual intimacy and pathology.
● Attendees will gain insight improve their skill set toward the useful assessment of technology related sexual disorders.
● Attendees will gain multiple sources of resource and referral information for those struggling with sex and intimacy disorders and addiction.

Presenter Biography:
Robert Weiss LCSW, CSAT-S is Founding Director of The Sexual Recovery Institute and Director of Sexual Disorders Services at Elements Behavioral Health and The Ranch Treatment Center in Nunnely, Tennessee. A UCLA MSW graduate, Mr. Weiss received extensive post-graduate sexual disorder’s training with addiction author and clinical leader, Dr. Patrick Carnes. Mr. Weiss is author of Cybersex Exposed: Simple Fantasy to Obsession, author of Cruise Control: Understanding Sex Addiction in Gay Men and co-author of the just released, Untangling the Web: Sex, Porn and Fantasy Addiction in the Internet Age, with Dr. Jennifer Schneider, along with numerous peer reviewed journal articles and book chapters. Mr. Weiss also provides professional training and program development for the US military and multi-addiction treatment centers around the United States, Europe and Asia. Recent media appearances include ESPN, The Today Show, Oprah Winfrey, Larry King Live and Dateline NBC. In a field with few genuine experts, Mr. Weiss is a specialized, knowledgeable and recognizable provider in the field of intimacy, addiction and sexual disorders. You may contact Mr. Weiss via his website: http://www.robertweissmsw.com/contact/.

Pre-license meeting: We are planning to have a pre-license meeting before the training from 8:30am-9:15am for 1 additional workshop hour. Topic & Speaker: TBD
III. Law

A. The Relevant Statute of Limitations is Broad in Scope and Liberally Permissive. The California Legislature has been motivated to repeatedly amend Code of Civil Procedure § 340.1 in response to its growing awareness of the problems faced by victims who had been abused twenty, thirty years or more years earlier and suffered resulting psychological harm as adults. The result was a statute that struck down the former law that imposed a barrier that kept childhood sexual abuse victims out of court and denied them just compensation for their suffering.

The Legislature has amended § 340.1 four times since its enactment in 1986. Each amendment reflected the Legislature’s increased understanding that survivors of childhood sexual abuse suffer long-lasting injuries well into adulthood. As the court explained in recounting the legislative history in Sellery v. Cressey, (1996) 48 Cal.App.4th 538, each has extended the limitation period for longer periods and broadened the statute to apply against larger groups of defendants. Id., 48 Cal.App.4th at 544-547.

The understanding of the Legislature and the courts about the unique effects of childhood sexual abuse has evolved far beyond the uninformed and incorrect Neanderthal notion that, if childhood sexual abuse has not been forgotten or repressed, then it is reasonable to expect that the victim will connect his or her psychological injuries in adulthood with the abuse and must, therefore, promptly file an action.

Code of Civil Procedure § 340.1(a) establishes two limitation periods for an action seeking damages resulting from childhood sexual abuse:

• Eight years from the date that the victim attained the age of majority, and
• A delayed-discovery limitation period, three years from the date that the victim discovered, or reasonably should have discovered, that psychological illness or injury occurring after the date of majority was caused by the sexual abuse.

Under § 340.1(a), a victim may sue within the longer of the two periods— “whichever period expires later.”

In adopting the extended limitation period under § 340.1, the Legislature recognized the suffering that childhood sexual abuse victims go through as adults, and crafted the statute to deal with the peculiar misfortune they must endure. The Legislature recognized that some sexual abuse victims are simply unable to comprehend and connect injury or harm they suffer as adults to the acts of abuse until years after the abuse occurred.

Accordingly, the three-year delayed-discovery provision of § 340.1 is not limited to victims who have repressed all memory of childhood sexual abuse. Lent v. Doe, (1995) 40 Cal.App.4th 1177, 1186. The statute does not require a plaintiff to sue within three years after the onset of psychological injury or illness merely because he or she can recall sexual abuse inflicted during childhood. “That plaintiff did not repress the memories of the abuse inflicted upon [her] does not mean [s]he cannot take advantage of the delayed discovery provisions of section 340.1. Nothing in section 340.1 requires that memories of abuse be repressed as a prerequisite to a delayed discovery claim.” Id.
Thus, the three-year statute does not begin to run merely because the victim remembers the childhood sexual abuse. Rather, the statute begins to run only upon discovery that there is a causal connection between the abuse and the onset of psychological injury or illness. To take advantage of the delayed-discovery provision of § 340.1, “plaintiff need only allege the onset of psychological injury or illness after the age of majority and that [s]he commenced [her] action within three years of the time [s]he discovered or reasonably should have discovered such psychological injury or illness was caused by the childhood sexual abuse.” *Id.*

**About the Author:**
Dr. Joseph C. George is a longtime member of SVC-CAMFT and was originally trained as a psychologist, and is both a licensed attorney and licensed psychologist in California. He served as a member of the California Senate Task Force on Psychotherapist-Patient Sexual Relationships, and authored Civil Code 43.93, which imposes liability on psychotherapists for sexual contact with a current patient and with a former patient for up to two years following termination of the psychotherapist-patient relationship. The focus of the law practice is limited to child sexual abuse and mental health malpractice on behalf of victims.
Psyched About Books and Movies

Welcome to “Psyched about Books and Movies!” Each month we include a book or movie review by one of our readers. Please see below for guidelines on submitting a review.

Happy reading!

Title: Rewind, Replay, Repeat: A Memoir of Obsessive-Compulsive Disorder
Author: Jeff Bell
Copyright: c.2007, Hazelden
Reviewer: Heather Blessing, MFT Intern

I went to April's SVC-CAMFT meeting when OCD was the topic. This book was named and since I have struggled to understand my son's OCD for years, I figured I should read it. This book is hard to put down. You want to see how Jeff Bell will resolve his OCD and what technique worked for him. I read it in just two days. The way he wrote this book, you actually come as close to experiencing what OCD is like as possible without actually having it. You will have more empathy and understanding for those who suffer from OCD after reading this book, and it also shows that nothing is a one size fits all solution. Being from the bay area and now living in Sacramento added a whole other level to this book because Jeff Bell writes about living in the bay area and Sacramento and I have actually heard his broadcasts in the past so it helped me to really connect with him as a person. I highly recommend this book for anyone who wants to have a better understanding of what OCD is like for the client.

Book/Movie Review Submission Policy

All reviews are not to exceed 1000 key strokes.

Your review should include the title, a short synopsis about why you like or dislike it, and the author's name & publication date. You can also include a picture of the book and/or movie. After review, we will publish your review in our next newsletter. Reviews submitted that are longer than 1000 characters will be returned for editing. It is best to type your review in a Microsoft Word document to note how many key strokes (characters with spaces), how big your review is, and for your own record keeping. You can then copy and paste it into the online submission form located here (http://www.sacramentovalleycamft.org/Newsletter.html) To learn more about checking your review for key strokes, spelling grammer and size click below: (http://www.sacramentovalleycamft.org/How_to_check_review_in_microsoft_word.doc). It is your responsibility to check for spelling and grammar errors.

Reviews must be received by the 20th of the month in order to appear in the next newsletter. You can submit your review by:

Visiting our webpage: www.sacramentovalleycamft.org
Mailing it in: P.O. Box 163385, Sacramento, CA 95816
We are accepting proposals for 2-hour presentation to our SVC-CAMFT programs for 2013. Share your clinical competence, experience, and specialized techniques with your peers. Topics that have been of interest to our pre-licensed and professional members presented in the last year include Anxiety Disorders - Diagnosis and Treatment, Gottman Couples Therapy, Transitions - Grief and Loss and Divorce, Building a Private Practice, EFT, and your topic may be the next one.

If you are interested in presenting for the 2013 year, please send an email to SVC-CAMFT Co-Chairs of Program, Althea Lee, MFT Intern, aleemsc@aol.com and Charlene Hong, MFT, charhongtherapy@gmail.com. Please include the following: Name of Presenter(s), Title/License, Phone Number, email address, & Topic of presentation. You will be forwarded a Presenter Requirement for CEU Presentation for completion and consideration.

Managing Resistance & Denial - A Strength Based Motivational Approach - Training

Learn How to Effectively Intervene Upon Self-Defeating Patterns of Behavior

June 29, 2012 — 8:30 to 5:00 — 7.5 ceus Sacramento, CA

Resistance and denial are serious problems for clients with self-defeating patterns of behaviors. This training will present an overview of a comprehensive clinical system for managing resistance and denial that assists clients to develop intrinsic motivation for treatment and a better quality of life.

About Your Trainer: Dr. Grinstead has been working with pain management, addictive disorders and coexisting mental and personality disorders for over 29 years. He is also the Clinical Training Director for the Gorski-CENAPS® Corporation.

Registration: Training Fee - $145.00 or $160.00 at the door. Send check or money order to Dr. Grinstead, at P.O. Box 340626, Sacramento, CA 95834-0626 with name, address, phone and email address. For more info or credit card payments, please call 916-575-9961 or email apmsacreg@yahoo.com.

Office For Rent

Beautiful office available at 1722 Professional Dr, Sacramento.(Between Watt and Morse). Full service, fax, copier, parking and waiting room. $400.00 per month with option to sublease. Please call Carol Fox @ 333-3546 for more information or to see the office.

Roseville Office for Rent

Lovely serene office space in newer professional building on Harding Blvd. near I-80 and the Galleria. Interior unfurnished 9X11 office in suite with 3 M.F.T.s. Access to fax/copier and DSL service. Full or part time. Contact Pamela P. @ (916)781-3402. Available now.

Present a Workshop for Sacramento Valley Chapter - CAMFT (2013)

We are accepting proposals for 2-hour presentation to our SVC-CAMFT programs for 2013. Share your clinical competence, experience, and specialized techniques with your peers. Topics that have been of interest to our pre-licensed and professional members presented in the last year include Anxiety Disorders - Diagnosis and Treatment, Gottman Couples Therapy, Transitions - Grief and Loss and Divorce, Building a Private Practice, EFT, and your topic may be the next one.

If you are interested in presenting for the 2013 year, please send an email to SVC-CAMFT Co-Chairs of Program, Althea Lee, MFT Intern, aleemsc@aol.com and Charlene Hong, MFT, charhongtherapy@gmail.com. Please include the following: Name of Presenter(s), Title/License, Phone Number, email address, & Topic of presentation. You will be forwarded a Presenter Requirement for CEU Presentation for completion and consideration.
Advertising Policy for the Newsletter

All ads and reviews are not to exceed 1000 key strokes. Chapter members advertise at no cost. Non-members can advertise about employment opportunities at no cost. Non-members, non employment-related ads follow these rates:

- $10 for 200 key strokes
- $20 for 201-600 key strokes
- $30 for 601-1000 key strokes

Full page and ½ page ads are not accepted.

All ads contain text only; no graphics will be included. Ads submitted that are longer than 1000 characters will be returned for editing. It is best to type your ad in a Microsoft Word document to note how many characters, how big your ad is, and for your own record keeping. Please visit our site to find more information on how to use Microsoft word for editing. You can then copy and paste it on our online submission form located here (http://www.sacramentovalleycamft.org/Newsletter.html).

It is your responsibility to check for spelling and grammar errors.

Ads must be received by the 25th of the month in order to appear in the next newsletter. Ads are placed in the order that they are received.

You can submit and pay for your ad by:

Visiting our webpage: www.sacramentovalleycamft.org
Mailing in payment: P.O. Box 163385, Sacramento, CA 95816
Emailing the Newsletter Editor: newslettereditor@sacramentovalleycamft.org

Thank you for contributing to the newsletter!